### **COVID19: Personal Protective Equipment Guidelines**

# ANTICIPATED ACTIVITY

### **PPE REQUIRED**

Required PPE for ALL JHS Employees





Procedure Mask or N-95

Standard PPE for Direct Contact with Patient Care

(Hospital/Clinic Areas)

1. Don the following:



N-95

KEY:

Observe hand-hygiene protocol.

Direct Patient or Environmental Contact within COVID-19 Patient Room or Care Space

- 1. Base Layer\* (personal scrubs, hospital laundered scrubs, disposable scrubs, or machine washable clothes)
- 2. Don the following:



Isolation Gown

Eye Protection



Gloves



N-95



Procedure mask to be worn over the N-95 respirator as an N-95 conservation strategy





Eye Protection

## PPE Donning for Aerosolizing Procedures\*\*

- 1. Hand hygiene
- 2. Inspect PPE to ensure it is serviceable
- 3. Don the following:



Isolation Gown



Bouffant (recommended)



Gloves





Eye Protection



N-95 Respirator



Procedure Mask

OR





Full Face Shield over N-95 Respirator

### NOTE:

N-95 must be covered.

- If not using face shield, must don eye protection.
- Place procedure mask over N-95, if applicable.







#### What you need to know: COVID-19 Mode of Transmission

Large diameter respiratory droplets containing COVID-19 virus enter the body via mucous membranes of eyes, nose, and mouth. Droplets are expelled from the respiratory tract of a COVID-19 infected individual, and may be transmitted even when the infected individual is asymptomatic or mildly symptomatic. In addition, contamination of environmental surfaces may contribute to transmission when an individual touches that surface, contaminating their hands or fingers with droplets, and then touches the mucous membranes of eyes, nose, or mouth without performing hand hygiene.

Anticipated Activity	PPE Required	
Required PPE for All JHS Employees	<ol> <li>Procedure Mask or N95 respirator</li> <li>Eye protection required in all clinical areas</li> </ol>	
Standard PPE for Direct Contact with Patient Care (Hospital/ Clinic Areas)	<ol> <li>N95</li> <li>Eye protection</li> <li>(Key: Observe Hand-Hygiene Protocol)</li> </ol>	
Direct Patient Or Environmental Contact Within COVID 19 Patient Room Or Care Space	<ol> <li>Base layer (personal scrubs, hospital- laundered scrubs, disposable scrubs, or machine washable clothes)</li> <li>Isolation Gown</li> <li>Gloves</li> <li>N95</li> <li>Procedure mask to be worn over the N95 respirator as an N95 conservation strategy</li> <li>Eye protection</li> </ol>	
Aerosolization		
Anticipated Activity	PPE Required	
Low-risk Aerosolization:	<ol> <li>Isolation Gown</li> <li>Eye protection (Goggles and Face Shield)</li> <li>N95 Respirator</li> <li>Procedure mask (to be discarded after procedure)</li> <li>Gloves</li> <li>Hair cover (recommended)</li> </ol>	



### Miracles made daily.

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Anticipated Activity	PPE Required
High Risk Aerosolization:	1. Isolation Gown
High-Flow Nasal Cannula	2. Eye protection (Goggles and Face Shield)
Nebulizer treatment	3. N95 Respirator
Chest Physiotherapy	4. Procedure mask (to be discarded after procedure)
• Chest tube & Thoracentesis	5. Gloves
	6. Hair cover (recommended)
Breaking the ventilator circuit:    Columbia   Col	
Intentional: filter/equipment change	
<ul> <li>Unintentional: unplanned disconnection/patient</li> </ul>	
movement	
• BIPAP/CPAP	
High Frequency Oscillatory Ventilation	
*Isolation Gown REQUIRED	
Endotracheal tube intubation	
Endotracheal tube extubation	
• Bronchoscopy	
• Laryngoscopy	
Endoscopy (upper and lower GI)	
Proning	
• CPR	
Bag mask ventilation	
Mask ventilation in Operating Room	



#### Donning and Doffing Recommendations for Inpatient Areas (Excludes procedural areas)

#### Donning:

- 1. Perform hand hygiene
- 2. Don isolation gown
- 3. Don hair covering
- 4. Don gloves
- 5. Don N95 respirator and procedure mask over N95 (to conserve N95 respirator place procedure mask over N95)
- 6. Don eye protection (Goggles or Face Shield)
- 7. Enter room

#### Doffing\*:

- 1. Perform hand hygiene over gloves
- 2. Remove isolation gown, turning inside out while still in patient room/care space
- 3. Remove gloves, utilizing "glove in glove" technique and perform hand hygiene in patient room/care space
- 4. Perform hand hygiene
- 5. Exit patient room or care space and close door if applicable
- 6. Perform hand hygiene
- 7. Don gloves
- 8. Remove eye protection and disinfect with EPA approved disinfectant
- 9. Remove gloves, utilizing "glove in glove" technique and perform hand hygiene in patient room/care space
- 10. Remove procedure mask
- 11. Perform hand hygiene
- 12. Don new procedure mask and re-don eye protection

\*Due to the unknown contamination of any single piece of PPE, great care should be taken during the doffing process. Consider the exterior of all devices to be contaminated and perform hand hygiene accordingly and avoid self-contamination while removing PPE.

NOTE: Non-sterile gloves should not be worn unless contact with the patient or immediate patient care environment (room or care space) is anticipated

#### References:

https://www.cdc.gov/coronavirus/2019-ncov/hcp/using-ppe.html

https://www.who.int/news-room/q-a-detail/q-a-on-infection-prevention-and-control-for-health-care-workers-caring-for-patients-with-suspected-or-confirmed-2019-ncov



Standard PPE for Direct Contact with Patient Care

N95 Surgical Mask and Goggles

OR

N95 and Face Shield

